

## Dr. Marouane Bouloudhine, M.D, MBA, DABRM

Dubai DHA license active

Spoken languages: Arabic, French, English, Italian

Dubai, UAE | French -Tunisian |

✉ [bouloudhine@gmail.com](mailto:bouloudhine@gmail.com)

| 🌐 [www.drmarouane.com](http://www.drmarouane.com) +971544226123

[www.linkedin.com/in/dr-marouane-bouloudhine-1071b298/](https://www.linkedin.com/in/dr-marouane-bouloudhine-1071b298/)



### Consultant Orthopedic Surgeon & Regenerative Medicine

Expert in Hand, Wrist, Elbow, Shoulder & Nerve reconstruction - Sport's injuries - Orthobiology

Accomplished French Consultant Orthopaedic Surgeon with over 30 years of international experience and more than 11,000 surgical procedures performed. Specialized in Hand, Wrist, Elbow, Shoulder, and Peripheral Nerve Surgery, with advanced expertise ranging from minimally invasive and arthroscopic procedures to complex reconstructive surgery. Trained in leading European centers and completed a prestigious Shoulder and Elbow Fellowship at the Mayo Clinic, Rochester, Minnesota, USA.

Committed to a patient-centered philosophy that prioritizes conservative treatment whenever possible. His practice has evolved from repair to regeneration, integrating advanced surgical techniques with evidence-based regenerative medicine and orthobiologics to optimize healing, restore function, and improve quality of life. As a Diplomate of the American Board of Regenerative Medicine, he combines innovation, surgical excellence, and compassionate care to deliver the best possible outcomes for his patients.

#### CORE COMPETENCIES:

- Upper Limb Surgery (Hand, Wrist, Elbow, Shoulder)
- Sports Medicine & Injury Management – Cells Therapy
- Microsurgical Nerve Reconstruction
- Strategic Medical Planning
- Arthroscopic & Minimally Invasive Techniques
- Complex Trauma & Joint Replacement
- Orthobiology - Stem Cell therapy
- Surgical Education & Cadaveric Training Courses
- Strategic Medical Development & Innovation
- Leadership in Multidisciplinary Teams
- Complex Problem Solving
- Communications skills / Marketing
- Sports Medicine – Regenerative medicine

#### PROFESSIONAL EXPERIENCE

- Founder of the concept of Arab Elbow Course in the GCC
- Founder of the Hand to Shoulder Unit in Dr Sulaiman Al Habib, in Dubai
- Founder of the first private SOS Hand and Shoulder Unit in Dubai, United Arab Emirates
- Founder of the First private “SOS Hand to Shoulder” concept in the Middle East, Dubai, UAE
- Upper limb surgery and nerve repair – *Mouwasat Dammam*, Saudi Arabia
- Shoulder and Hand Surgery Center – *Tunis*, Tunisia
- Upper Limb and Hand Emergency Unit at *Parc Imperial Hospital – Nice, France*
- Hand and Shoulder Center at *Pujos Clinic, Rochefort, France*
- Private-Public Hand Unit, *Reunion Island, French Island*
- Team doctor for many sports (Tennis, Handball, Football, Formula1) and FIFA World cup organization (France 1998)

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**Consultant Orthopedic Upper Limb Surgeon (2000 – present)**

*Established multiple renowned Upper Limb Surgery Centers and perform various specialized surgical procedures.*

Consult with patients to evaluate current physical conditions regarding upper limbs and hands. Examine body parts, determine accurate diagnoses, and recommend treatment options that leave patients in a better physical state. Effectively communicate surgical procedures to establish trust with patients and families. Address concerns and questions to comfort patients. Carry out operative measures/surgical procedures and provide direction to the supporting medical staff. Perform follow up examinations to monitor healing and overall upper limb functionality, in addition to detailing post-op procedures and best at-home care practices.

Maintain accurate reports and additional information for all patients. Involve in Sports Medicine and innovation technics as Stems Cells and Exosomes therapy in Orthobiologics.

I am the founder of three Hand and Upper Limb Surgery Centres in France. I am the founder of the first private SOS Hand to Shoulder Center in Dubai in 2022. I continue to demonstrate the superior ability to evaluate the physical conditions of patients, recommend medical procedures, and carry out treatments that meet or exceed patient expectations.

Driven by innovation, education, and sports medicine expertise, I am dedicated to advancing orthopedic surgery and continually seeking new ways to enhance patient care.

**KEY CONTRIBUTIONS:**

- Surgical procedures include: Orthopedic Upper Limb Surgery, Elbow, Hand, Wrist, Nerve Microsurgery reconstruction, and shoulder reconstruction.
- Performed 11k+ surgeries, delivering results that meet or exceed expectations.
- Received the French Knight of the Legion of Honour (Chevalier de la Légion d'Honneur) in 2011.
- Award best medical thesis defended in France in 1997 about “Brachial plexus management with intercostal nerve transfer to restore elbow flexion” – Prix de Thèse de la Clinique du Parc à Lyon
- Founder of 3 Hand to Shoulder Centers in private practice in France (Ile de la Reunion, Rochefort, Nice)
- Many activities in Sports Medicine Injuries
- Course director of many Cadaver courses about Upper Limb Surgery, SSI, Sharjah University
- Dedicated to developing Innovation in Orthopedic as Mixed Augmented Reality and Telehealth
- Leading Shoulder and Elbow Sessions in ICJR-ME and Emirates Orthopedic Congress
- Faculty for many orthopedics international congresses in UAE
- Instructor Professor for IRCAD-IWC (IWC – International Wrist Centers)

My passion for sports led me to play as a semi-professional football goalkeeper for several years. After a serious accident ended my athletic career, I redirected my discipline, resilience, and precision into medicine — a path that inspired my dedication to orthopedic surgery and helping athletes and patients regain full function.

### ***SPORT'S MEDICINE EXPERIENCE***

- Winner of the Wealth Award 2023 in UAE: “Orthopedic Surgeon of the Year”
- Received the 2019 *Sport's Medicine Doctor of the Year* by the Tunisian National Olympic Committee.
- MASTER BUSINESS in International Management, 2017, Sorbonne, Paris  
(Title of work: *How to implement a Sports Medicine Private Hospital ? Business plan and Marketing*)
- Sports doctor of TARAJJI ERRIADH ETTOUNSI (Best Tunisian Handball Team) 2014-2019
- Sports doctor of Nice football club (OGCNICE) (French Football first division) 2006-2009
- Sports doctor of Monaco Formula1 Race, 2006, 2007, 2008, Monaco
- Sports doctor of Football FIFA WORD CUP, 1998, France
- Sports doctor of Montpellier Herault team (French Football first division) 1997-1998

### **ADDITIONAL EXPERIENCE**

**Founding Chairperson of the First Arab Elbow Course** held in Dubai, January, 25-27, 2025

**Course Director of many cadaver courses** about Upper Limb Surgery in UAE

**Adjunct Clinical Assistant Professor**, College of Medicine, University of Sharjah, Uae (2022- 2024)

**Attending Physician–Fellow & Assistant Professor**, Montpellier Faculty Hospitals (1997 – 2000)

**Visiting Clinician**, Shoulder Surgery, Nice Faculty, Pr. Boileau (2005- 2007)

**Fellowship** Upper Limb Department, Mayo Clinic, Rochester, Minnesota, Drs. Amadio, Berger, Cooney, Bishop, Morrey, and O'Driscoll (1999)

**Teaching Assistant**, Montpellier University Medical School, Montpellier, France (1995 – 1997)

**Specialist Qualification in Orthopedic Surgery & Traumatology**, Montpellier University Medical School, Montpellier, France, 1997

**Doctor of Medicine Diploma**, Montpellier University Medical School, Montpellier, France, 1997

**Fellowship Hand Surgery**, Strasbourg Faculty, Dr. Guy Foucher (1997)

**Fellowship**, Hand to Shoulder Center, Clinique Jouvenet, Paris, France (1996)

**Fellowship Pediatric Orthopedic** and Obstetrical Brachial Plexus Reconstruction, Trousseau Hospital Faculty, Pr. Carlioz and Pr. Gilbert (1996)

**Visiting Clinician**, Shoulder Reconstruction, Toulouse Faculty, Pr. Michel Mansat (1994)

**Visiting Clinician**, Shoulder Surgery, Annecy, Dr Laurent Lafosse (1993, 1994, 1999)

**Residency program in Orthopedic & Traumatology** in Montpellier University Medical School, Montpellier, France (1991 – 1997)

**Completed full medical education & training** in Montpellier University Medical School, Montpellier, France (1984 – 1991)

### **EXPERTISE**

Hand, Wrist, Elbow, Shoulder and Nerve reconstruction by open and arthroscopic technics  
Dedicated for sport's injuries management - Orthobiology

- Endoscopic release of carpal tunnel syndrome
- Microsurgery for tendons and nerves injuries
- Late sequelae after nerve and tendon injuries, tendon and nerves transfer
- Scaphoid fracture and non – union reconstruction
- Wrist instabilities and complex fractures
- Sports Injuries and arthroscopic management
- Shoulder: Recurrent dislocations of the shoulder, rotator cuff problem, Acromioclavicular disorder, Impingement syndrome,
- Elbow: Sequelae of dislocations of the elbow, Instability and Ulnar Nerve Syndrome at the elbow,
- Prosthesis – Joint Replacement: Shoulder, Elbow, Wrist, Thumb, Fingers
- Bone and joint injuries of hand, wrist, elbow and shoulder
- Cell therapy for Musculo Skeletal Injuries – Stem Cell Therapy & Orthobiology

### **EDUCATION, CERTIFICATIONS, LICENSES**

**Diplomat of American Board of Regenerative Medicine**, June 2026

**Master of Business Administration in International Healthcare Management (MBA, 2017)**

Dauphine University and IAE Paris Sorbonne – Paris, France

(Title of work: *How to implement a Sports Medicine Private Hospital ?* Business plan and Marketing)

**Qualification as Consultant in Hand Surgery (2000)** - French Society of Hand Surgery (SFCM)

**Qualified Consultant Orthopedic & Trauma Surgeon (DESC – 1999)** Montpellier University Medical School, Montpellier, France

**Doctor of Medicine (Qualified in France M.D - 1997)** - Montpellier University Medical School, Montpellier, France. *Awards: Silver Medal of Montpellier Medical School (June 1997)*

**Microsurgery Techniques**, University diploma – Montpellier Medicine Faculty (1998)

**Surgical Pathology of the Hand**, University diploma – Montpellier Medicine Faculty (1997)

**Surgical Anatomy**, University diploma – Montpellier Medicine Faculty (1993)

**Traumatology and Sport Surgery**, University diploma – Montpellier Medicine Faculty (1991)

## PROFESSIONAL ASSOCIATIONS MEMBERSHIPS

- **French Society for Surgery of the Hand (GEM 1998)**
- **French Society of Orthopedic Surgery (SOFCOT 2000)**
- **American Society for Surgery of the Hand (ASSH 2001)**
- **French Society of Arthroscopy (SFA 2002)**
- **European Wrist Arthroscopy Society (EWAS 2006)**
- **French Society of Sport's Medicine (2006)**
- **Tunisian Society of Arthroscopy and Sport's Surgery (TSASS 2014)**
- **Società Italiana di Chirurgia della Spalla e del Gomito (SICSeG 2019)**
- **Emirates Orthopedic Society (EIOS 2021)**
- **Emirates Medical Association (EMA, 2021)**
- **European Society for Surgery of the Shoulder and Elbow (SECEC/ESSSE, 2022)**
- **Arthroscopy Association of North America (AANA 2025)**
- **American Society of Regenerative Medicine (ASRM 2025)**

