

Dr. Marouane Bouloudhine, M.D, MBA

Dubai and Abu Dhabi DHA/DOH license active
Spoken languages: Arabic, French, English, Italian
Dubai, UAE | French -Tunisian |

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Consultant Orthopedic Surgeon

Expert in Hand, Wrist, Elbow, Shoulder & Nerve reconstruction - Sport's injuries - Cells Therapy

Accomplished and dedicated French Senior Orthopedic Surgeon with over 30 years or European experience. I performed over 11,000 surgeries, delivering results that meet or exceed expectations. Specializing in Upper Limb surgeries in Montpellier, France, specifically Hand, Wrist, Elbow, and Shoulder and Nerve reconstruction; operations via open and arthroscopic techniques. Trained in Upper limb surgery in Mayo Clinic USA, (Rochester, MN). Proven ability to assess patient physical conditions and provide appropriate medical opinions and treatments which result in the best possible outcomes for patients and their families. Dedicated to forwarding the Orthopedic surgical field by continuously combining new operational methods with longtime practiced techniques. Recently I found a new passion for Regenerative Medicine where healing becomes restoration, not replacement. Adept at communicating effectively with patients, medical staff, and additional professionals and students.

Core Competencies:

- Upper Limb Surgery (Hand, Wrist, Elbow, Shoulder)
- Sports Medicine & Injury Management – Cells Therapy
- Microsurgical Nerve Reconstruction
- Strategic Medical Planning
- Arthroscopic & Minimally Invasive Techniques
- Complex Trauma & Joint Replacement
- Stem Cell therapy
- Surgical Education & Cadaveric Training Courses
- Strategic Medical Development & Innovation
- Leadership in Multidisciplinary Teams
- Complex Problem Solving
- Communications skills / Marketing
- Sports Medicine – Regenerative medicine

PROFESSIONAL EXPERIENCE

- Founder of the concept of Arab Elbow Course in the GCC
- Founder of the Hand to Shoulder Unit in Dr Sulaiman Al Habib, in Dubai
- Founder of the first private SOS Hand and Shoulder Unit in Dubai, United Arab Emirates
- Founder of the First private “SOS Hand to Shoulder” concept in the Middle East, Dubai, UAE
- Upper limb surgery and nerve repair – *Mouwasat Dammam*, Saudi Arabia
- Shoulder and Hand Surgery Center – *Tunis*, Tunisia
- Upper Limb and Hand Emergency Unit at *Parc Imperial Hospital – Nice, France*
- Hand and Shoulder Center at *Pujos Clinic, Rochefort, France*
- Private-Public Hand Unit, *Reunion Island, French Island*
- Team doctor for many sports and FIFA World cup organization (France 1998)

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Consultant Orthopedic Upper Limb Surgeon (2000 – present)

Established multiple renowned Upper Limb Surgery Centers and perform various specialized surgical procedures.

Consult with patients to evaluate current physical conditions regarding upper limbs and hands. Examine body parts, determine accurate diagnoses, and recommend treatment options that leave patients in a better physical state. Effectively communicate surgical procedures to establish trust with patients and families. Address concerns and questions to comfort patients. Carry out operative measures/surgical procedures and provide direction to the supporting medical staff. Perform follow up examinations to monitor healing and overall upper limb functionality, in addition to detailing post-op procedures and best at-home care practices.

Maintain accurate reports and additional information for all patients. Involve in Sports Medicine and innovation techniques as Stems Cells and Exosomes therapy.

I am the founder of three Hand and Upper Limb Surgery Centres in France. I am the founder of the first private SOS Hand to Shoulder Center in Dubai in 2022. I continue to demonstrate the superior ability to evaluate the physical conditions of patients, recommend medical procedures, and carry out treatments that meet or exceed patient expectations.

Driven by innovation, education, and sports medicine expertise, I am dedicated to advancing orthopedic surgery and continually seeking new ways to enhance patient care.

Key Contributions:

- Surgical procedures include: Orthopedic Upper Limb Surgery, Elbow, Hand, Wrist, Nerve Microsurgery reconstruction, and shoulder reconstruction.
- Performed 11k+ surgeries, delivering results that meet or exceed expectations.
- Received the French Knight of the Legion of Honour (Chevalier de la Légion d'Honneur) in 2011.
- Award best medical thesis defended in France in 1997 about “Brachial plexus management with intercostal nerve transfer to restore elbow flexion” – Prix de Thèse de la Clinique du Parc à Lyon
- Creator of 3 Hand to Shoulder Centers in private practice in France
- Many activities in Sports Medicine Injuries
- Course director of many Cadaver courses about Upper Limb Surgery, SSI, Sharjah University
- Dedicated to developing Innovation in Orthopedic as Mixed Augmented Reality and Telehealth
- Leading Shoulder and Elbow Sessions in ICJR-ME and Emirates Orthopedic Congress
- Faculty for many orthopedics congress in UAE
- Instructor Professor for IRCAD-IWC (International training center – International Wrist Centers)
- Winner of the Wealth Award 2023 in UAE: “Orthopedic Surgeon of the Year”

My passion for sports led me to play as a semi-professional football goalkeeper for several years. After a serious accident ended my athletic career, I redirected my discipline, resilience, and precision into medicine — a path that inspired my dedication to orthopedic surgery and helping athletes and patients regain full function.

Sport's Medicine Experience

- Received the 2019 *Sport's Medicine Doctor of the Year* by the Tunisian National Olympic Committee.
- MASTER BUSINESS in International Management, 2017, Sorbonne, Paris
(Title of work: *How to implement a Sports Medicine Private Hospital ?* Business plan and Marketing)
- Sports doctor of TARAJJI ERRIADH ETTOUNSI (Best Tunisian Handball Team) 2014-2019
- Sports doctor of Nice football club (OGCNICE) (French Football first division) 2006-2009
- Sports doctor of Monaco Formula1 Race, 2006, 2007, 2008, Monaco
- Sports doctor of Football FIFA WORD CUP, 1998, France
- Sports doctor of Montpellier Herault team (French Football first division) 1997-1998

ADDITIONAL EXPERIENCE

Chairman of the First Arab Elbow Course held in Dubai, January, 25-27, 2025

Course Director of many cadaver courses about Upper Limb Surgery in UAE (Hand, Wrist, Elbow and Shoulder)

Adjunct Clinical Assistant Professor, College of Medicine, University of Sharjah, Uae (2022- 2024)

Attending Physician–Fellow & Assistant Professor, Montpellier Faculty Hospitals (1997 – 2000)

Associate Professor, Montpellier University Medical School, Montpellier, France (1997 – 2000)

Visiting Clinician, Shoulder Surgery, Nice Faculty, Pr. Boileau (2005- 2007)

Visiting Clinician, Upper Limb Department, Mayo Clinic, Rochester, Minnesota, Drs. Amadio, Berger, Cooney, Bishop, Morrey, and O'Driscoll (1999)

Visiting Clinician, Hand Surgery, Strasbourg Faculty, Dr. Guy Foucher (1997)

Visiting Clinician, Hand to Shoulder Center, Clinique Jouvenet, Paris, France (1996)

Teaching Assistant, Montpellier University Medical School, Montpellier, France (1995 – 1997)

Visiting Clinician, Pediatric Orthopedic and Obstetrical Brachial Plexus Reconstruction, Trousseau Hospital Faculty, Pr. Carlioz and Pr. Gilbert (1996)

Visiting Clinician, Shoulder Reconstruction, Toulouse Faculty, Pr. Michel Mansat (1994)

Visiting Clinician, Shoulder Surgery, Annecy, Dr Laurent Lafosse (1993, 1994, 1999)

EXPERTISE

Hand, Wrist, Elbow, Shoulder and Nerve reconstruction by open and arthroscopic technics
Dedicated for sport's injuries management

- Endoscopic release of carpal tunnel syndrome
- Microsurgery for tendons and nerves injuries
- Late sequelae after nerve and tendon injuries, tendon and nerves transfer
- Scaphoid fracture and non – union reconstruction
- Wrist instabilities and complex fractures
- Sports Injuries and arthroscopic management
- Shoulder: Recurrent dislocations of the shoulder, rotator cuff problem, Acromioclavicular disorder, Impingement syndrome,
- Elbow: Sequelae of dislocations of the elbow, Instability and Ulnar Nerve Syndrome at the elbow,
- Prosthesis – Joint Replacement: Shoulder, Elbow, Wrist, Thumb, Fingers
- Bone and joint injuries of hand, wrist, elbow and shoulder
- Cell therapy for Musculo Skeletal Injuries

EDUCATION, CERTIFICATIONS, LICENSES

Adjunct Clinical Assistant Professor in the department of Clinical Sciences, University of Sharjah, UAE
(Aug 2022)

Master of Business Administration in International Healthcare Management (MBA, 2017)

Dauphine University and IAE Paris Sorbonne – Paris, France

(Title of work: *How to implement a Sports Medicine Private Hospital ?* Business plan and Marketing)

Qualification as Consultant in Hand Surgery (2000)

French Society of Hand Surgery

Orthopedic Surgeon (Qualified in France **DESC** – 1999)

Doctor of Medicine (Qualified in France **M.D** - 1997)

Montpellier University Medical School, Montpellier, France

Awards: *Silver Medal of Montpellier Medical School (June 1997)*

Board-certified in Orthopedic Surgery and Traumatology (DESC 1999 – Present)

Microsurgery Techniques, University diploma – Montpellier Medicine Faculty (1998)

Surgical Pathology of the Hand, University diploma – Montpellier Medicine Faculty (1997)

Surgical Anatomy, University diploma – Montpellier Medicine Faculty (1993)

Traumatology and Sport Surgery, University diploma – Montpellier Medicine Faculty (1991)

PROFESSIONAL ASSOCIATIONS MEMBERSHIPS

French Society for Surgery of the Hand (GEM 1998)

French Society of Orthopedic Surgery (SOFCOT 2000)

American Society for Surgery of the Hand (ASSH 2001)

French Society of Arthroscopy (SFA 2002)

European Wrist Arthroscopy Society (EWAS 2006)

French Society of Sport's Medicine (2006)

Tunisian Society of Arthroscopy and Sport's Surgery (TSASS 2014)

Società Italiana di Chirurgia della Spalla e del Gomito (SICSSeG 2019)

Emirates Orthopedic Society (EIOS 2021)

Emirates Medical Association (EMA, 2021)

European Society for Surgery of the Shoulder and Elbow (SECEC/ESSSE, 2022)

Arthroscopy Association of North America (AANA 2025)

American Society of Regenerative Medicine (ASRM 2025)